

This table breaks down Yoga Alliance investment giving within three strategic focus areas:

Reduce Barriers

Investments focused on ensuring equitable access to the practice, for all people everywhere

Amplifying the Power of Yoga

Investments focused on advocacy on behalf of the practice, yoga professionals, and practitioners.

Community Support

Investments focused on responding to yoga professionals' needs, with special attention to equity and belonging for all.

2023 GRANTS, SPONSORSHIPS, & COMMUNITY GIVING	INVESTMENT	TOTAL
Amplifying the power of yoga		
Event sponsorship		\$ 5,000
<i>International Association of Yoga Therapists: Symposium on Yoga Research</i>	\$ 5,000	
Yoga impact evaluation grants		\$ 25,000
<i>Eat, Breathe, Thrive</i>	\$ 10,000	
<i>Prison Yoga Project - Mexico</i>	\$ 10,000	
<i>Challenge 2 Change - Yoga in Schools</i>	\$ 5,000	
Community support		
Emergency relief & crisis support		\$ 60,000
<i>Afghan Refugee Crisis Support</i>	\$ 60,000	
YTT scholarships		\$ 25,000
<i>Teacher trainees of color: Awakening Yoga Spaces</i>	\$ 25,000	
Reducing barriers		
Community Teaching Grants		\$ 122,500
<i>Teaching for Equity</i>	\$ 122,500	
Yoga in Refugee Communities		\$ 28,200
<i>RefuSHE: Yoga for Kenyan refugee girls & young women</i>	\$ 20,000	
<i>Afghan Refugee yoga classess</i>	\$ 8,200	
2023 TOTAL		\$ 265,700
NOTE: In 2023 Yoga Alliance began a shift away from individual grant and assistance programs, and towards partnership-based impact investments and development of resources to support yoga professionals.		